

Referee Quick Chart of Rules of Competition 9/10/2026

	NCYSA U9/U10	NCYSA U11	NCYSA U12	RCL, NPSL U8/U9/U10	RCL, NPSL U11	RCL, NPSL U12	NSRL, WPL U9/U10##	NSRL, WPL U11/U12##	GA Inspire U11	GA Inspire U12
Recommended Field Size (WxL in yds) +/- 5yds	40x60	50x75	50x75	40x60	50x75	50x75	40x60	50x75	50x75	50x75
Penalty Area Size (LxW in yds)	12x24	14x36	14x36	12x24	14x36	14x36	12x24	14x36	14x36	14x36
# of Players on Field	7	9	9	7	9	9	7	9	9	9
Min # of Players for a Game	5	6	6	5	6	6	5	6	7	7
Game Time Period (Minutes)	2 x 25	2 x 30	2 x 30	2 x 25	2 x 30	2 x 30	2 x 25	2 x 30	2 x 30	2 x 35
Ball Size	4	4	4	4	4	4	4	4	4	4
Build out Line*	Halfway Between TOP P.A. & Half Line	Halfway Between TOP P.A. & Half Line	Halfway Between TOP P.A. & Half Line	Halfway Between TOP P.A. & Half Line	Halfway Between TOP P.A. & Half Line	No	Halfway Between TOP P.A. & Half Line	No	Halfway Between TOP P.A. & Half Line	Halfway Between TOP P.A. & Half Line
Slide Tackling	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Heading	No - IDFK	No - IDFK	No - IDFK	No - IDFK	No - IDFK	Yes	No - IDFK	U11-No-IDFK U12-Yes	No - IDFK	Yes
Goalkeeper Punts & Dropkicks	No - IDFK	No - IDFK	No - IDFK	No - IDFK	No - IDFK	Yes	No - IDFK	Yes	No - IDFK	Yes
Offside Rule	Yes **	Yes **	Yes **	Yes **	Yes **	Yes **	Yes ***	Yes**	Yes ***	Yes ***
Direct Free Kicks	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Free Kick Distance (yds)	8	8	8	8	8	8	8	8	8	8
Penalty Kick Distance (yds)	10	10	10	10	10	10	10	10	10	10
Retake on Throw-In	No	No	No	No	No	No	No	No	No	No
Goal Scored From Kick Off	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

* For the purposes of competition, Attackers may cross the **Build Out Line** only after the Ball is "In Play".

1) Ball is "In Play" from a **Goal Kick** when the Ball is Kicked and Clearly moves. **Opponents** must be **Behind the Build Out Line** until ball is in play.

Infraction: Restart is Retake the Goal Kick.

2) Ball is "In Play" from Goalkeeper Possession when the Goalkeeper Releases Ball from Hands. Opponents must be yielding to the buildout line while

GK has the ball in their possession. If GK releases Ball in play before opponents reach buildout line, Opponents may challenge the ball.

Infraction: Restart is an IDFK.

** Offside Position is Determined at Midfield Line (HALF-LINE).

*** Offside Position is Determined between the Opponents BUILD OUT LINE and Goal line.

##NSRL MERCY RULE: 5 Goal difference, losing team add player until difference 4, then remove added player.

NCYSA Clubs: Irish, Lake Stevens, PSA, Silver Lake, Sky River, S. Whidbey

RCL/NPSL Clubs: Irish Select, PSA-Force, Snohomish United-Select, WA Rush, WA Rush Select. **GA Club:** WA Rush

NSRL Clubs: Everett Youth, Granite Falls Youth, Mukilteo Youth, Snohomish United Youth, Terrace-Brier SC, Sno-King, Stanwood-Camano

WPL Clubs: Everett FC, Gala FC, Granite Falls SC, Mukilteo FC