

HEADING, PUNTING, & BUILD-OUT LINE | RULE MODIFICATION



2025-2026 Regional Club League

Age Group	Format	Heading	Punting	Build-Out Line	Offside Line
U8	League Rules Apply	No	No	Yes	No Offside
U9	7v7	No	No	Yes	Midfield Line
U10	7v7	No	No	Yes	Midfield Line
U11	9v9	No	No	Yes	Midfield Line
U12	9v9	Yes	No	Yes	Midfield Line
U13+	11v11	Yes	Yes	No	Midfield Line